

Wednesday, December 8

- Joint Camp - 1:00pm

Friday, December 17

- Blood Drive - 10:00am

Sunday, December 19

- Childbirth Class - 12:30pm

Wednesday, December 22

- Joint Camp - 1:00pm

Tuesday, December 28

- Diabetes Class - 3:30pm

Joint Camp

Time: 1:00pm

If you are considering or have made the decision for total joint replacement surgery, we welcome you to our Total Joint Replacement Program known as Joint Camp. Our Joint Camp offers a specialized approach to patient care, from diagnosis to rehabilitation.

We would like to make your experience as informative as possible through a patient education booklet, education classes, and a multidisciplinary team approach.

We offer education materials and classes to provide you with necessary information about your preoperative and post-operative process including:

- How to prepare for surgery
- Before surgery checklist
- What to expect the day of surgery
- Post-Surgery instruction & the recovery and rehabilitation process

Joint Camp will be held at the Employee Develop and Wellness Center at 1397 S. College St. in Winchester. For more information you may contact our Joint Program Coordinator at 931-967-8200 ext. 8203 or 8156. To make or change an appointment for Joint Camp call 931-967-8258.

We appreciate you choosing our hospital for your joint replacement surgery.

Blood Drive

Time: 10:00am

One donation saves three lives! #bealifesaver

Join us and Blood Assurance 10 AM - 4 PM at Southern Tennessee Regional Health System -Winchester for a blood drive. The blood mobile will be parked in the parking lot near the front entrance of the hospital.

Childbirth Class

Time: 12:30pm

We would like to invite all expecting parents to our FREE CHILDBIRTH CLASS and BREASTFEEDING CLASS.

November 28, 2021
December 19, 2021
January 2, 2022
February 20, 2022
March 13, 2022
April 17, 2022
May 29, 2022
June 5, 2022
July 10, 2022
August 7, 2022
September 4, 2022
October 16, 2022
November 27, 2022
December 18, 2022

Childbirth Class is 12:30-3:30 PM
Breastfeeding Class is 3:30-6:30 PM

Location:
Southern Tennessee Employee Development & Wellness Center
1397 S. College St.
Winchester, TN 37398

Register online or e-mail Scarlett Cole, IBCLC at scarlett1657@gmail.com to register for a class.

Diabetes Class

Time: 3:30pm